



In an effort to mitigate and lower the risk of exposure to, and infection from, Covid-19, coaches will conduct a symptom screening for all coaches and athletes participating at team and league events.

Student & Coach Symptom Checklist

- Fever
- Shortness of breath or difficulty breathing
- Cough
- Chills
- Muscle Pain
- Sore Throat
- New loss of taste or smell
- Nausea
- Vomiting
- Diarrhea
- Unexplainable Rash

If a student or coach is experiencing any of these symptoms, we ask that they do not participate at in-person activities until they are feeling better or have tested negative for Covid-19.

Coaches and students should not participate for up to 14 days if they have tested positive for Covid-19 or if exposed to an individual that has a confirmed case of Covid-19.

Coaches and students should notify the league if they discover they have Covid-19 after participating in an event.